

2010 DanMan Challenge Entry Form

Name: Christine Tokarz

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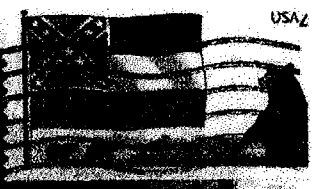
Please check the race you wish to participate in:
 10K 5K/2 Marathon Full Marathon 50 Mile

Any Health Conditions or other conditions that affect your ability to participate: NONE

I recognize running is a dangerous event and that there are health risks and other risks associated with this type of event. I understand and acknowledge that my participation in this event is voluntary and I am knowingly and voluntarily waiving any and all potential claims, known and unknown, against the hosts of this event, the support staff, the owners and occupiers of the land, and anyone associated with or putting on this event. I recognize that medical aid is limited. Despite the fact that I am forever giving up all claims against all people or entities associated with this event, I desire to participate in the event.

Signature (Parent if Minor) [Signature]

Date 1-19-10



2010 DanMan Challenge

Dianna Hager
 2812 Venture Cir
 Denison Texas 75020

The DanMan is designed to introduce runners to trail running, to encourage runners to run further than before and to make the leap to 50 miles without worrying about cutoffs. The races will be on ranch roads and wide dirt trails up and down hills through beautiful country with deer, turkey, and even two bald eagles on Lake Reuel. All races begin and end at the Ranch House with the longer races looping repeatedly by the ranch house.

Great race for family and friends. The ranch house will be warm and there is a play ground for kids. Dave, Johnny and Bubba will cook the pancakes (morning), Bar B Q, turkey legs, catfish and who knows what during the day for runners, family and friends.



Check us out at www.danmanrun.com



8:00